



Notice of Annual General Meeting

Notice is hereby given that the Annual General Meeting (Meeting) of the Trigeminal Neuralgia Association UK (Charity Number: 1155001) (TNA UK) will be held at **The Mercure, Boundary Road, Norwich, NR3 2BA** on **14 January 2025 at 9:30 AM**

If you are planning to attend the AGM in person, please would you confirm your attendance (to ensure that we have sufficient catering and accommodation available on the day) by emailing admin@tna.org.uk or calling 0800 999 1899, Option 2. Confirmation of attendance is not a prerequisite to attending the meeting in person.

Members who wish to ask a question at the AGM can do so by emailing admin@tna.org.uk. Any such questions should be received seven business days before the AGM. In addition, members who attend the AGM in person may pose questions to the Trustees in person. Please note that in the interests of efficiency and to avoid unnecessary repetition, if multiple questions are submitted with a common theme, they will be answered as one question.

You will be asked to consider and vote on the resolutions below. Each of the resolutions (1 to 7) will be proposed as an ordinary resolution.

Ordinary Resolutions

To consider, and if thought fit, pass the following resolutions 1 to 7 as ordinary resolutions (being resolutions requiring a simple majority of votes in favour at the Meeting):

1. To receive and adopt the annual statement of accounts of TNA UK for the year ended 31 March 2024, together with the Charity Trustees' annual report;
2. To delegate the authority to appoint the auditor to TNA UK for the year ending 31 March 2025 to the Trustees and to authorise the Trustees to determine the auditor's remuneration;
3. To re-elect Kirsten Cooper as a Charity Trustee;
4. To re-elect Robert Jackson as a Charity Trustee;
5. To re-elect Deborah Edwards as a Charity Trustee;
6. To re-elect Tony Williams as a Charity Trustee;

By order of the Charity Trustees

Aneeta Prem

Chief Executive Officer, Trigeminal Neuralgia Association UK

Charity Number: 1155001

20th December 2024

Notes to the Notice of Annual General Meeting

Voting at the General Meeting

1. In accordance with paragraph 10(6)(b) of the existing constitution of TNA UK, a resolution put to the vote at the Meeting is to be decided on a show of hands. Every member attending the Meeting has one vote. In the event of an equality of votes, the chair of the Meeting shall have a second, or casting vote. The existing constitution of TNA UK does not permit voting via proxy.
2. An organisation or a corporate body that is a member of TNA UK may, in accordance with its usual decision-making process, authorise a person to act as its representative at the Meeting. The representative is entitled to exercise the same powers on behalf of the organisation or corporate body as the organisation or corporate body could exercise as an individual member of TNA UK.

Annual Statement of Accounts / Charity Trustees' Annual Report (Resolution 1)

3. Copies of the annual statement of accounts and the Charity Trustees' annual report on the TNA UK website at <https://www.tna.org.uk/agmandpolicies/> or by request via email at admin@tna.org.uk

Appointment of auditor / auditor's remuneration (Resolution 2)

4. Our previous auditor, Haines Watts, retired in October 2024, having sold their firm to Cooper Parry. For this reason, we wish to identify the best firm to audit our accounts going forward. This resolution delegates authority to the Trustees to appoint the auditor and to agree its remuneration, ensuring flexibility and the ability to select the most suitable firm.

Retirement of Charity Trustee by Rotation (Resolutions 3 – 7 (inclusive))

5. In accordance with paragraph 13(2) of the existing constitution of TNA UK, one third (by number) of the Charity Trustees are obliged to resign by rotation at each annual general meeting of TNA UK. In the interests of enhanced corporate governance, all current Charity Trustees will retire and stand for reappointment. Biographies of each of the persons standing for reappointment can be accessed on the TNA UK website at <https://www.tna.org.uk/agmandpolicies/> or by request via email at admin@tna.org.uk

Communication

6. Members who have general queries about the Meeting or this Notice should contact Aneeta Prem:
 - via email at heather.morris@tna.org.uk; or
 - via post at TN Association, PO Box 10973, Nottingham, NG16 9GN

Copies of this Notice (and the documents referred to in it) can be found on TNA UK's website at: <https://www.tna.org.uk/agmandpolicies/>

Appendix

Biographies of each of the persons standing for reappointment

Tony Williams CV

Personal Profile: Tony Williams, born in Hammersmith, West London, spent his early childhood in the vibrant city before relocating to Twickenham. His tenacious spirit and commitment to personal and professional growth are evident throughout his varied career and voluntary services. Diagnosed with Classic Trigeminal Neuralgia in 2015, Tony has successfully managed his condition with minimal disruption to his professional life, demonstrating remarkable resilience and determination.

Education:

St. Joseph's College, Liverpool

Attained educational qualifications, laying the foundation for a robust professional life.

Employment History:

District Valuer's Office

Residential Valuer | 9 Years

Honed expertise in property valuation, laying the groundwork for future entrepreneurial ventures.

Estate Agency Practices

Founder & Operator |

Established and managed various estate agency practices, showcasing entrepreneurial acumen.

Citizens Advice

Volunteer

Dedicated time to guide and support individuals as a volunteer, displaying a commitment to community service.

Marketing Company Director

Led marketing initiatives, driving the company's strategic vision and operational success. **Family & Interests:** Tony is a devoted father with three adult children and five grandchildren. His passion for wellbeing is reflected in his love for walking and keeping fit. An avid traveller, he enjoys exploring the UK and international destinations, seeking new experiences and cultural insights.

TN Story: After being diagnosed with Classic TN, Tony has navigated the challenges of managing symptoms with various medications, ensuring continuity in his work and daily activities.

Involvement with TNA:

Joined the Trigeminal Neuralgia Association in 2015, drawing immense support and aid from the community.

Volunteered on the TNA helpline, offering credible information and comfort to fellow sufferers.

Actively engaged in membership development, aiming to enhance the support network for those affected by TN.

Regular liaison with CEO and active participation in finance committee meetings.

Works closely with the Treasurer, ensuring financial diligence and strategic oversight. Collaborates on reviewing policies with the CEO, contributing to the organisation's governance and future direction.

Position: Chair of Trustees, Trigeminal Neuralgia Association

Dates | Commitment to guiding the association with strategic leadership and compassionate insight.

Kirsten Cooper

Education and Employment

Graduated from Salford University in 2013 with an honour's degree in Sociology with Criminology
Worked in various areas of healthcare for 12 years, including roles such as a GP receptionist and administration, veterinary receptionist and assistant, private hospital receptionist, booking coordinator and telephone support

Currently working as a Patient Support Officer, Failsafe Officer and Clinic Coordinator for a nationwide specialist eye hospital

Interests

Lives in Bolton with husband and baby daughter

Has two rescue cats, both with disabilities, and advocates for animal adoptions Likes reading, playing board games with friends and Pilates

TN Story

Diagnosed with trigeminal neuralgia in 2016 at 23 years old

Started blog The Pain Corner in 2017, to write about day to day living with facial pain and to reach out to others in pain

Took part in the TN Awareness Day 2021 campaign to light up the world in teal with TNnMe, amassing around 200 lit up locations across the globe

Working with the TNA UK

Trustee since 2020

Local Support Group Leader for the North West/Lancashire since 2020

Looks after distribution of shop merchandise

Assists with social media, website administration and national zoom calls, helping new volunteers get started hosting support groups and helping current leaders run their meetings and look after our members

Help run the social media, look after questions that come in via the Facebook page

In the last year I have undertaken updated Suicide Awareness training, taken part in different training courses related to advocacy and disabilities. I also work full time in a hospital.

Robert Jackson

Robert Jackson has charted a career defined by his diverse roles and a profound commitment to charitable work, making a positive impact especially on those with disabilities.

Current Roles

Treasurer, (TNA)

As Treasurer, Robert Jackson chairs the Finance Committee, a testament to his robust financial acumen. He ensures the governance of financial resources is conducted with the utmost integrity and strategic foresight. By facilitating regular, face-to-face strategy meetings with CEO Aneeta Prem and Finance Manager Heather Morris, Robert ensures that financial controls are in place for the proper administration of funds. His efforts have been crucial in the seamless transition of banking processes to HSBC, selecting services that best suit the charity's needs. Under his financial stewardship, the

TNA has reinforced its commitment to fiscal responsibility and transparency.

Lay Observer, Ministry of Justice

2016 - Present

Robert is responsible for the welfare and humane treatment of detainees in custody and recently incarcerated individuals, ensuring adherence to regulations and reporting on their treatment.

Youth Referral Panel Member, Restorative Justice for Norfolk and Suffolk

2016 - Present

In this role, he conducts interviews with young offenders, implementing restorative justice principles to support their rehabilitation process.

Home Visitor, RSPCA 2016 - Present

Robert volunteers to evaluate potential adoption homes, ensuring the wellbeing and appropriate care of animals under RSPCA guardianship.

Past Roles

Justice Fund Administrator, East London Bench

January 2012 - 2016

Managed the welfare fund for over 350 magistrates, providing assistance during periods of illness or retirement.

Owner and Operator,

Until November 2007

Led the company until its sale to Lantern PLC, safeguarding employee rights through the TUPE process.

Chair of Courts, London Court Service

Held senior positions within the court service, displaying leadership and contributing to judicial excellence.

Charitable Involvements

Supporter, BEN, The Automotive Industry Charity

Robert has been a steadfast supporter, contributing to the welfare of individuals within the automotive industry.

Skills

Expertise in judicial processes and magistrate responsibilities.

Proficient in financial management and strategic planning for non-profit entities.

Strong governance of funds and hands-on financial oversight.

Professional Affiliations

Former Senior Magistrate, Essex and London

Live with my Partner and a Rescue Border terrier. Spent 42 Years as a Volunteer as a Special Constable in the Metropolitan Police rising to Chief Officer with responsibility for 6k volunteers, for which I was awarded the MBE. For the past 8 years I have volunteered for the Metropolitan Police and Essex Police. Worked Voluntary in Romania for 8 years, like walking the dog, music, films, cooking, eating out and travelling

Deborah Edwards Bsc (Hons)

Deborah Edwards Born in Derby, East Midlands. Grew up in Derby, lived in the North West for eleven years and returned to Derby in 2010.

Education

Graduated with BSc (Honours) in Computing and Mathematical Sciences. Also attained a Diploma in Computing from The Open University along with several other lower-level qualifications which I obtained during my time as an Engineer.

Employment

Worked for 26 years in Engineering, with the last five years as an Engineering Manager. Managing a team of 18 verification engineers, including all aspects of both technical and people management; planning current and future workloads, making technical decisions and providing advice to a team of engineers, performing personal development reviews, managing team performance, liaising with project leads, determining resource demand required to meet project deadlines. Left Engineering in May 2017 (following my MVD) and now run my own successful cake business.

Family and Interests

Married. Likes walking, cake decorating, motorcycling, reading, going to the cinema and travelling.

TN Story

Diagnosed with TN in 2011 and managed the symptoms with a combination of medication until June 2016. 2016 saw a significant change in the pain level and subsequently I had a successful MVD in February 2017. Have been medication free since a few months after my MVD.

Involvement with TNA

Joined TNA in October 2017; due to the support I had received when my TN was at its worst, I decided I wanted to give something back to the charity. I began working on the telephone helpline initially. In December 2019 I joined the TNA's board of Trustees. In addition to working on the telephone helpline I also work on the Email Helpline and am the co-ordinator for the Email helpline rota, I assist with the Social Media pages, I run online Regional Support Group meetings for the Derby & Staffordshire area and also run joint face-to-face support group meetings with the Nottingham Support Group leader.

The help I received from the TN Association, when I needed it most during my TN journey, helped me get on the right path for the medical help I needed. Working on the support areas within TNA provides me with a great sense of satisfaction. My involvement with TNA is very important to me and I hope that the information and support I provide to members of the public will help them feel less isolated and provide them with valuable information about TN and its treatment options.